

Studio Re-Opening Plan – 2020



Small Fry Dance Club Group Class Plan



NOTE FROM JANA & CARLOS – UPDATED 9/29/20

Dear PCPA Dance Family.

We appreciate your patience during the past 6 months and for trusting us to continue providing your dancers with a safe space to learn and grow. We know it has not been easy. Online classes have been a useful tool to fill the void temporarily. We understand that families as well as some of our staff are unable to return at this time, so we plan to continue offering online classes as needed. We also know some are eager to get back to it in person.

The county recently started allowing limited in-person classes. We will cautiously and optimistically move forward with a few changes to our original plan.

Updates:

- Masks will be mandatory for everyone over the age of 2, in all spaces, including class.
- Temperature checks will be given to each dancer and parent as they enter their studio.
- Limiting 3 people on elevators (unless in same household).
- Use of staircases as preferred entrances and exits. Read document for details.
- Lobby and class capacity restrictions.

This document covers everything we have done and will be doing moving forward. Our goal is to minimize the risk of exposure as much as possible. Masks, temperature checks, hand washing, sanitizer, and regular cleaning of the spaces will all be part of the larger plan.

As you read through this, we want you to remember that many of these measures will be temporary. There are parts of this document that may seem difficult or inconvenient. Just remember, this will pass. We need to come together as a community to meet this challenge if we want to get back into the classroom! Jana and I both believe we can come out of this as a stronger business on the other side. We need everyone's assistance to do so. We can do it!

Welcome Back (again) Dancers!

Re-Opening Plan

STATE REOPENING GUIDELINES

We are under the guidance of the state's *Blueprint for A Safer Economy*. Under these guidelines our county is currently in the red, substantial spread, area. This allows us to open our doors with restrictions to capacity and with certain safety guidelines in place. Our business falls under several different categories.

UPDATED CLEANING & SAFETY MEASURES

UPDATES FROM OUR BUILDING MANAGEMENT

- **UV-C Coils Installed in HVAC**
Our property management did begin to install in-unit HVAC UV-C lights throughout the building.
- **Fogger Nebulizer**
ALREADY IN USE – The building manager has purchased a Portable Electric ULV Fogger Nebulizer. This will allow them to implement additional cleaning protocols that will disinfect the entrance ways of the building, stairway handrails, doors, door handles and knobs, elevators, bathrooms, hallways, and common areas quickly and more effectively.
- **Hand Sanitizers**
Hand sanitizing dispensers have been installed by the elevator entrance on every floor.
- **Safety Posters**
You will also see CDC posters strategically placed throughout the building, reminding people to wash their hands and help keep a safe work environment.
- **Daily Wipe Down**
Common areas of the building are being wiped down daily. This includes all high touch surfaces such as door handles, elevator buttons, etc.
- **New Elevator Rules**
There may now be no more than 3 people in an elevator unless they are from the same household.
More on entering the building to follow.

UPDATES FROM OUR STUDIO

- **Deep Cleaning**
We have the studio being professionally cleaned multiple times per week.
- **Daily Cleaning**
We will continue with daily cleaning and wiping down of high touch surfaces as needed.
- **Ventilation/Air**
We will have air purifiers, HVAC UV-C lights, and keep windows open as appropriate to help with ventilation.
- **Using Props / Equipment in Class**
We will be restricting the use of certain props, barres, etc. We are asking dancers to bring their own equipment if needed.

PLAN FOR OCTOBER 2020

SFDC CLASSES

- **SFDC Group Classes**
We plan to bring back one weekday and one weekend in-person class starting in October. We will be limiting the class to 8 families. Please follow the guidelines listed in this document if you wish to participate. SFDC zoom classes will continue minus the Friday morning 10:15 livestream. That day/time will become in person only.

PRINCIPAL ARTS (PCPA) CLASSES

- **Kids 5 And Up** – If you have a dancer that is 5 years of age or older, and you would like to graduate to our Principal Arts program, let us know.
- **PCPA Private & Semi-Private Classes**
Students will have the option to continue Zoom or dance in studio beginning early October 2020. Please note that your teacher may not be able to return to the space. In these situations, you may still dance in studio w/ your teacher remaining on Zoom, but you will need to provide an adult to supervise your dancer in the space. We cannot provide an extra body to supervise each class at this time.
 - **Continue zooming as is, both teacher and student off site**
 - **Teacher on zoom from the studio, dancer continues from home**
 - **Some in person in studio with teacher (social distance and protocol in place)**
 - **In studio with teacher on zoom, parent supervision in space**
- **PCPA Group Classes**
We do not have a date for the return of group classes yet. We are easing back in and will set a date for the return for groups as soon as we can confidently do so. We need to maneuver through the above steps with private and semi-privates before we can implement any in studio group classes.

NEW PROCEDURES



- North Stairwell - Enter Here. Code is 7549#
- South Stairwell - Exit Here

ENTERING & EXITING BUILDING

We want to create as many one-way walking areas as possible to limit cross traffic in the building. If you have a stroller please feel free to continue using elevators.

- All families / dancers should try to enter through the north staircase accessible just above the garage entrance at the rear of the building. This staircase is also accessible from garage.
- North Entrance Code: 719#
- New Jasmine Street Gate Code: 514
- All families / dancers should exit through the south staircase, unless parked in garage then you should take elevator or north staircase.
- Elevators may be used if needed, provided you follow the new rules. (3 people max, unless in same household)

ENTERING OUR LOBBY

All families will be asked to perform a self-check before leaving their homes. You will see a poster hanging on our entrances reminding you to check for symptoms. See attachment at end of document.

1. Have you had a fever in the past 24 hours?
2. Do you or anyone in your household feel ill?
3. Have you been in contact with anyone that has tested positive for Covid-19 in the past 2 weeks?
4. Have you or anyone in your household tested positive for Covid-19 in the past 2 weeks?

If you answer yes to any of the questions above, please do not enter our space.

LIMITING PEOPLE LOBBIES

We have to limit the number of bodies in our **lobby areas to dancers only**, or to parents/guardians who have to stay for health of safety reasons. We are removing the majority of the seats in our lobbies to discourage families from stay and waiting unless necessary. Below are the new rules for drop off.

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- **1 Parent/Guardian:** We are asking only 1 parent to come with each dancer. If you can leave siblings at home or in with someone else that would be preferred to help us limit bodies.
 - We are removing most of the seating in our lobbies to create space for staging areas, and to reduce the amount of people in the lobby.
 - All families should exit the south staircase after pick up, or use elevators if needed provided you follow the new rules.

MASKS (UPDATED)

- As per state and county guidelines masks will be required during indoor activities. They will no longer be optional in the dance areas. Kids 2 and under should not wear a mask for safety reasons.
- Options for sports masks have increased a lot in recent months. There are new masks that allow you to breath easily while doing physical activity. Reebok, Under Armour, Mission, and a lot of new companies are working on mask technology.

IN THE STUDIOS

IN PERSON CLASS SIZES

We will initially limit classes to 8 dancers plus 1 grown up.

CLASS GRIDS TO MAINTAIN DISTANCING (SEE DIAGRAMS ATTACHED)

- Each studio will have a taped grid on the floor for dancers to stand in while they are in class.
- Each dancer will have a spot against the wall for their belongings.
- Each studio will have different procedures for where to place items. **See diagrams and tables in following pages.**

LIVE STREAMING / PRE-RECORDED CLASSES

We are aware that not all of our families or staff members are able to return at this time. As we continue to transition back to in-person classes we will continue to offer live streaming options. We will do this indefinitely until it is no longer needed.

ENTERING STUDIOS – SFDC CLASSES

STUDIO	Enter	While in class	Exit
STUDIO A	Enter main lobby and find a yellow X. Main lobby check in: Temp check Mask on Hand sanitizer Reminder to use the restroom Health screening done – thumbs up	Take your stuff in with you. Leave it in your designated space off to the side.	Exit through the main lobby, the same way you came in.
STUDIO B	Enter main lobby and find a yellow X. Main lobby check in: Temp check Mask on Hand sanitizer Reminder to use the restroom Health screening done – thumbs up	Take your stuff in with you. Leave it in your designated space off to the side.	Exit through the 2 nd floor hallway.
STUDIO D	Enter main lobby and find a yellow X. Main lobby check in: Temp check Mask on Hand sanitizer Reminder to use the restroom Health screening done – thumbs up	Take your stuff in with you. Leave it in your designated space off to the side.	Exit through the prop room hallway. Then 2 nd floor hallway.

EXITING STUDIO / BUILDING

- If you are dancing in studios A or C, you will exit through main entrance, and down the south stairwell. If you need the elevator, just make sure to follow the new rules. 2 people only, unless in same household.
- If you are in studio B, you will exit through hallway doors, to minimize lobby traffic.
- If you are in studio D, you will exit through prop room hallway, into the main hallway.

Water Coolers

- We will continue to provide water in our water coolers, we just ask that only staff use the coolers. Dancers should bring their water bottle up to the reception desk and request a refill.

HOW YOU CAN HELP

There are lots of ways you can help, **and we do need you!** Below are things you can do to ensure we have a bright future.

- Read through this document carefully and stay up to date.
- Read our emails, and follow us on [Instagram](#) and [Facebook](#) to get all our updates.
- Help us spread the updates to other families so we are all on the same page.
- Leave us a positive review on Yelp, Facebook, or Google reviews. MAYBE ALL THREE?! 😊
- Let your friends know about us! Even if they do not live in the area. Our ability to live stream will allow us to expand our reach and make up for lost enrollment.
- Of course, the number one thing you can do is stay enrolled! We appreciate those families who have continued their tuition despite zoom classes not working well for them. Your support is helping us get through this difficult period.

FINAL THOUGHT

We appreciate you taking the time to read through this document. We know it is a lot to take in. Please share these guidelines with your dancer(s) and any adults that may be bringing them to classes.

Lastly, remember that all of this is **TEMPORARY**. This will eventually pass, and we will get back to a more normal state. There are sacrifices and adjustments we all must make to get back in the classroom and out of the house.

We appreciate your understanding and cooperation.

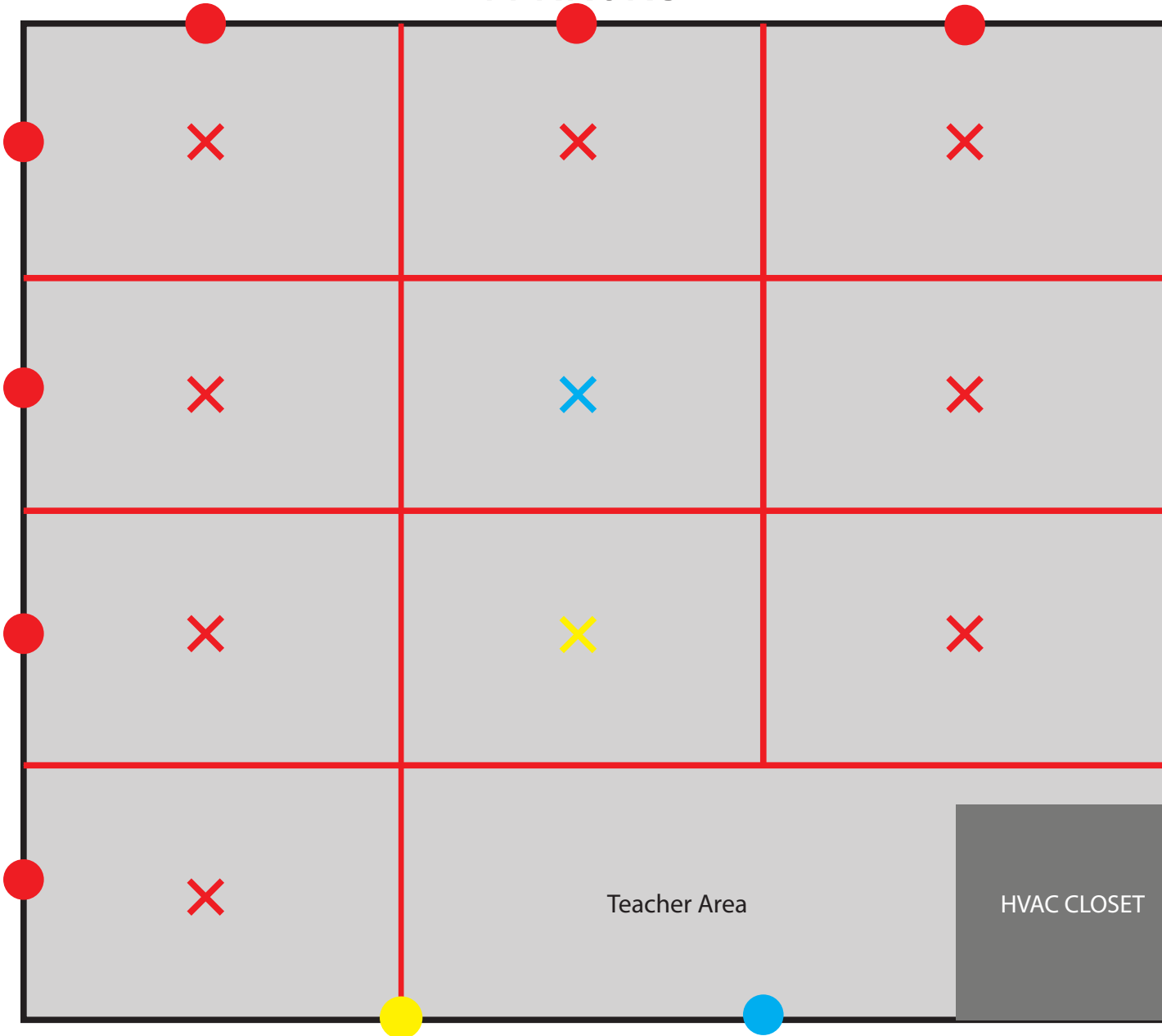
Thank you,

Jana, Carlos, and the PCPA Team

GRID FOR STUDIO A

Drawings are estimated and just to give an idea of how grid will be setup.
Large areas without lines are designed to allow teacher to move freely.

MIRRORS



Dancer's Spot



Dancer's Gear / "starburst" spot



Dancer's Spot



Dancer's Gear / "starburst" spot



Dancer's Spot



Dancer's Gear / "starburst" spot

GRID FOR STUDIO B

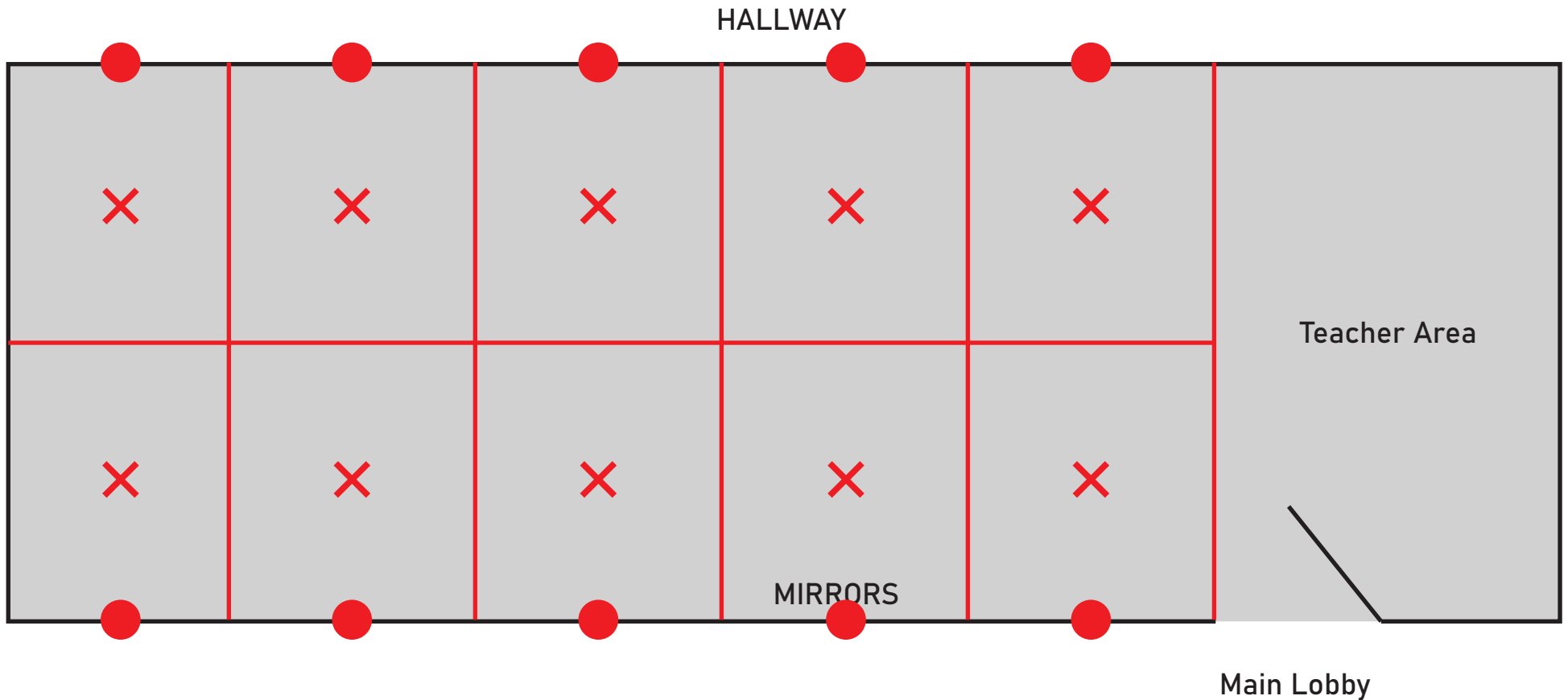
Drawings are estimated and just to give an idea of how grid will be setup.



Dancer's Spot



Dancer's Gear / "starburst" spot

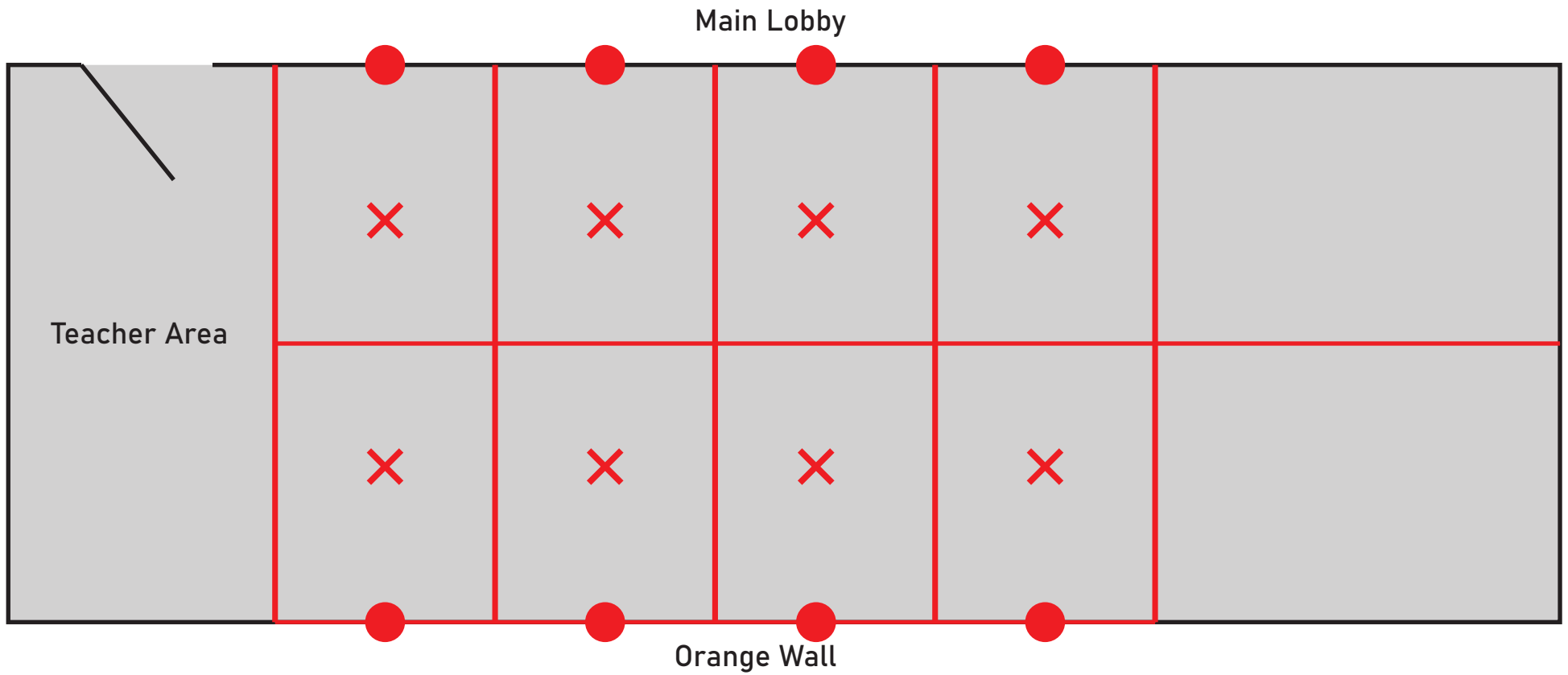


✕ Dancer's Spot

● Dancer's Gear / Parent / "starburst" spot

GRID FOR STUDIO C

Drawings are estimated and just to give an idea of how grid will be setup.

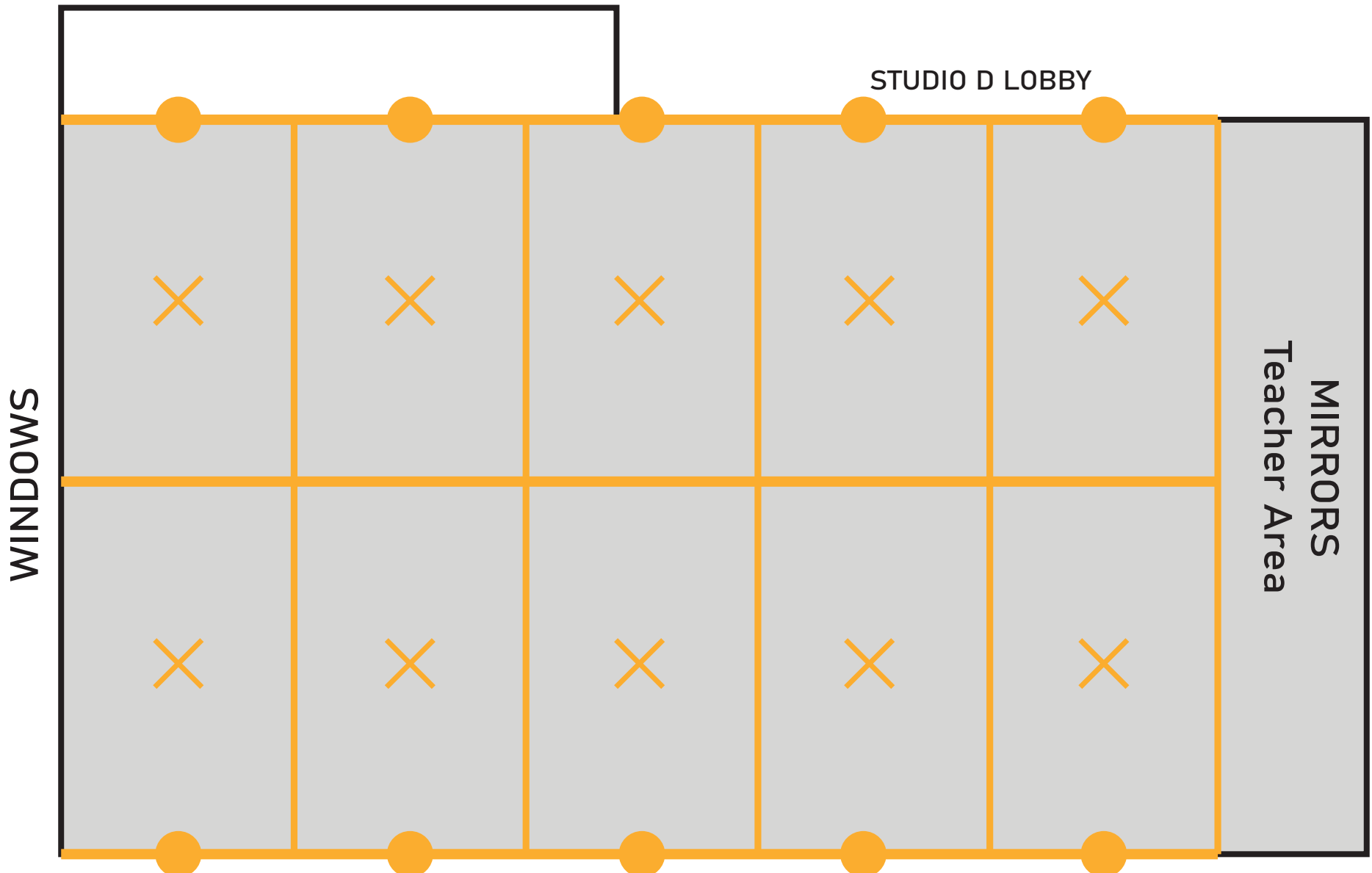


✕ Dancer's Spot

● Dancer's Gear / "starburst" spot

GRID FOR STUDIO D

Drawings are estimated and just to give an idea of how grid will be setup.





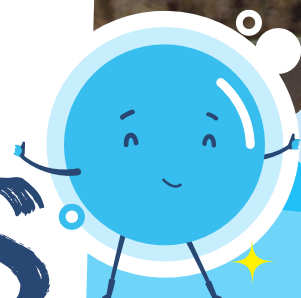
**CLEAN
HANDS KEEP
YOU HEALTHY.**

**Wash your hands with soap
and water for at least**

20 SECONDS.

LIFE IS BETTER WITH

**CLEAN
HANDS**



www.cdc.gov/handwashing



This material was developed by CDC. The Life is Better with Clean Hands Campaign is made possible by a partnership between the CDC Foundation, GOJO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.

STOP

Feeling sick?

Stop the spread of flu in the workplace.
Stay home when you are sick.

Common Flu Signs & Symptoms Include:



Fever* or feeling feverish/chills

*It is important to note that not everyone with flu will have a fever.



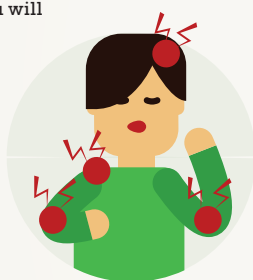
Sore throat



Runny or stuffy nose



Cough



Muscle or body aches



Headaches



Fatigue (tiredness)

*Flu is different from a common cold.
Flu usually comes on suddenly, and in general symptoms are more intense.*

If you think you may have flu tell your supervisor and stay home from work.

All employees should stay home if they are sick. CDC recommends that you stay home for at least 24 hours after your fever (100 degrees Fahrenheit or 37.8 degrees Celsius) is gone. Your fever should be gone without the need to use a fever-reducing medicine.

For more information visit www.cdc.gov/flu



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Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.



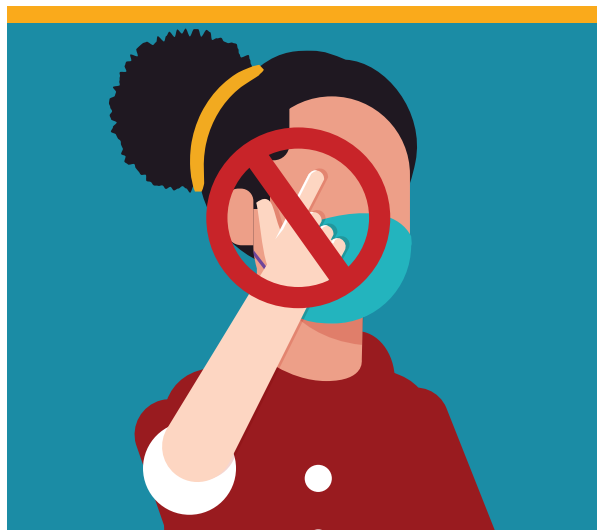
**Stay at least 6 feet
(about 2 arms' length)
from other people.**



**Cover your cough or sneeze with a
tissue, then throw the tissue in the
trash and wash your hands.**



**When in public, wear a
cloth face covering over
your nose and mouth.**



**Do not touch your
eyes, nose, and mouth.**



**Clean and disinfect
frequently touched
objects and surfaces.**



**Stay home when you are sick,
except to get medical care.**



**Wash your hands often with soap
and water for at least 20 seconds.**

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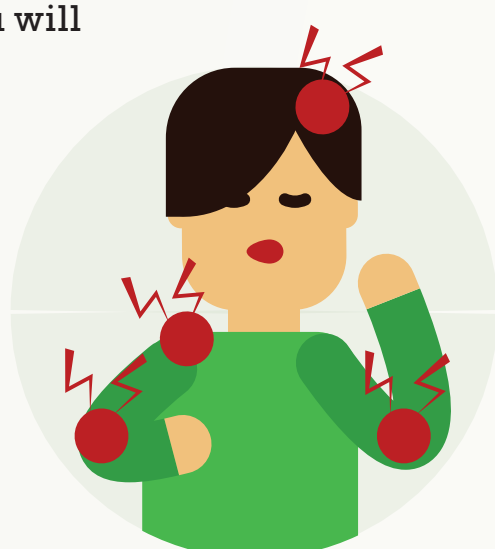
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Flu usually comes on suddenly, and in general symptoms are more intense.*

If you think you may have flu please remain at home until you have recovered.

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For more information visit www.cdc.gov/flu



302908-A



Hands
that look
clean can still
have icky
germs!

Wash YOUR HANDS!



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention